

## Mentoring for change

So, you want to chase a dream, make a change or explore something new.

Or maybe you feel a bit stuck and would like to explore different possibilities.

Or perhaps you would just like to be a little more effective in what you do now.

...and yet you are not entirely sure how to begin or which path to choose?

- The Opus 29 dream chasing service will provide you with the space and time you need to explore solutions and work out the choices ahead of you.
- 1-2-1 mentoring in a safe, trusted space will help you make sense of your challenge and identify the steps you need to take to get your journey underway

### About me

As a 'chaser of dreams', I am someone who cares deeply about supporting you to uncover and achieve your potential and your dreams. A leader, change agent, coach, mentor, cheerleader, challenger, supporter, sponsor, teacher and guide all in one package. I am someone who will listen to you, hear you, understand your perspective then gently challenge you to find your own answers to questions that you perhaps did not even realise that you had.

### Ways to work with me

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#### One hour dream-time conversation

£100

This includes pre-conversation email communication to establish any specific goals for the session plus a written reflective summary to support your ongoing reflection and progression.

#### Six-month dream-chaser programme

£700

This package includes an initial 90-minute discovery session to help you explore your areas of interest and potential priorities, then 6 x 1-hour dream-time conversations to take place over the six-month period. This programme will also be supported with 6 monthly insight resources that will be individually curated and tailored to your needs.

#### Annual dream-chaser subscription

£1250

As with the six-month option, this package includes a 90-minute discovery session plus 11 x 1 hour dream-time conversations and support resources. In addition, this package will provide the opportunity for ongoing email and phone communication, within an agreed framework, to enable 'on demand' support as and when a specific issue may arise for you.

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### Jane Booth

Leader | Change Agent | Chaser of Dreams

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