

Introducing...

The Coffee and Conversation Podcast:

Where great people make amazing things happen

What is it?

A podcast that provides a space for amazing people to share their stories and to find a 'voice' within our ever-changing world. It is a space that simply encourages 'sparky' conversations because there is most definitely always something to be learned from every interesting conversation, however unscripted.

Why?

At its heart, this podcast is built on the belief that great people make amazing things happen. It is also developed from the perspective that everyone experiences the world in their own, unique way and that we all have our own story to share. Stories are also known to be an engaging way to connect, explore, grow and learn.

This podcast further develops a number of themes that were established through recently completed PhD research exploring the life histories of highly effective 'everyday' leaders. One such theme recognised that these great people were inherently curious about themselves and others...surely a great basis for any conversation!

How will our conversation play out?

Whilst the aim is to create a free-flowing and relaxed feel for the podcast, a little structure will help to keep the conversation focused and constructive. So, for us to create a 'sparky' conversation we will be guided by this overarching framework:

- The picture-quote 'warm-up' exercise (see separate quote PDF) and reflect upon - which quote you chose and why? What does it mean to you? Why did it 'speak' to you? During our conversation we will then look at how do we see this differently or what do we share?
- Exploring your story, with questions such as...
 - How have you got here, to this point in your life?
 - Who, or what, has influenced you along the way?
 - What motivates you to do what you do now?
 - Who are your 'go-to' support people and why?
 - Where and when did/do you feel at your best?

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WHAT DO I NEED FROM YOU?

Your time, energy, enthusiasm and passion! Where the conversation ultimately goes will be up to you. The one thing I ask you to come really prepared with is this...

What key message(s) do you want to leave the listeners with?

Dr Jane Booth
Leader | Change Agent
Chaser of Dreams

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